



Weeks 5-8	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toasted Oats Cereal & Diced Peaches	Biscuit W/ Jelly & Diced Pears	Egg Patty, Hash Browns & Sliced Bananas	Blueberry Muffin & Applesauce	Pancakes, Sausage Patty & Sliced Oranges
AM Snack	Ritz Crackers & Pineapple Tidbits	Goldfish & Sliced Oranges	Saltine Crackers & Juice of Choice	Chex Snack Mix & Juice of Choice	Applesauce & Sliced Cheese
Lunch	WG Turkey & Cheese Sandwich, Chicken Noodle Soup, Celery Sticks & Sliced Oranges	WG Beef Taco W/ Shredded Lettuce & Diced Tomato, Brown Rice, Corn & Sliced Bananas	Spaghetti W/ Meatballs & Sauce, Grated Parmesan Cheese, Peas & Carrots and Applesauce	BBQ Pork Riblet, Egg Noodles, Winter Blend Veggies & Sliced Oranges	WG Chicken Patty, WG Dinner Roll, Tater Tots W/ Ketchup, Carrot Sticks & Fruit Cocktail
PM Snack	Strawberry Yogurt & Graham Crackers	Ritz Crackers W/ Sliced Pepperoni, String Cheese & Juice of Choice	Wheat Thins & Celery Sticks W/Ranch Dressing	Vanilla Yogurt & Sliced Bananas	Mini Bagel W/ Strawberry Cream Cheese & Juice of Choice
Breakfast	Toasted English Muffin W/ Apple Butter & Diced Pears	Waffles & Pineapple Tidbits	Crisp Rice Cereal & Diced Peaches	Mini Bagel W/ Cream Cheese & Sliced Bananas	Frosted Mini Wheat Cereal & Fruit Cocktail
AM Snack	Pretzel Twists & Juice of Choice	Graham Crackers & Juice of Choice	Cheeze-It Crackers & Mandarin Oranges	Vanilla Yogurt W/ Granola Cereal & Diced Peaches	Hard Boiled Egg & Sliced Apples W/ Cream Cheese
Lunch	WG Cheese Pizza, Diced Carrots & Diced Peaches	WG Turkey Salami & Mozzarella Roll-Up, Sliced Cucumbers W/ Ranch Dressing & Sliced Apples	Salisbury Steak W/ Gravy, Mashed Potatoes, Winter Blend Veggies, WG Dinner Roll & Sliced Bananas	WG Chicken & Cheese Quesadilla, Refried Beans, Corn & Pineapple Tidbits	Cheese Ravioli W/ Diced Ham, Peas & Carrots, WG Buttered Bread & Diced Pears
PM Snack	Chex Snack Mix & Sliced Apples	Animal Crackers & Sliced Bananas	Wheat Thins, Sliced Cucumbers W/ Ranch Dressing & Juice of Choice	Soft Pretzel Bites W/ Cheese Sauce & Juice of Choice	WG Tortilla Chips W/ Salsa & Juice of Choice
Breakfast	WG Banana Muffin & Applesauce	Biscuits W/ Country Sausage Gravy & Diced Pears	Toasted English Muffin W/ Jelly & Diced Pears	Egg Patty, Hash Browns & Sliced Bananas	Pancakes & Applesauce
AM Snack	Animal Crackers & Pineapple Tidbits	Mini Bagel W/ Apple Butter & Juice of Choice	Graham Crackers & Juice of Choice	Saltine Crackers & Fruit Cocktail	Graham Crackers & Banana Slices
Lunch	Macaroni & Cheese W/ Diced Ham, Diced Carrots, WG Buttered Bread & Mandarin Oranges	Diced Chicken W/ Gravy, Mashed Potatoes, Winter Blend Veggies & Diced Peaches	Cheeseburger on WG Hamburger Bun, French Fries W/ Ketchup, Crinkle Cut Pickles & Sliced Bananas	WG Turkey & Cheese Roll-Up, Carrot Sticks W/ Ranch Dressing & Sliced Oranges	Elbow Pasta W/ Beef Crumbles & Diced Tomatoes, California Blend Veggies, Corn Muffin & Diced Pears
PM Snack	Ritz Crackers W/ Veggie Cream Cheese & Juice of Choice	Goldfish & Mandarin Oranges	Raspberry Yogurt & Granola Cereal	Pretzel Twists & Juice of Choice	Wheat Thins, Carrot Sticks W/ Hummus & Juice of Choice
Breakfast	Blueberry Muffin & Fruit Cocktail	Hot Oatmeal & Diced Pears	Waffles & Banana Slices	Biscuit W/ Jelly & Applesauce	Corn Flakes Cereal & Diced Peaches
AM Snack	Cheeze-It Crackers & Mandarin Oranges	Pretzel Twists & Juice of Choice	Animal Crackers & Applesauce	Ritz Crackers & Juice of Choice	WG Cream Cheese W/ Jelly Roll-Up
Lunch	Sloppy Joe on WG Hamburger Bun, Sweet Potato Fries, Corn, Crinkle Cut Pickles & Fruit Cocktail	Swedish Meatballs, Egg Noodles, Peas & Carrots and Diced Pears	WG Grilled Ham & Cheese Sandwich, Tomato Soup, Celery Sticks & Sliced Apples	Alfredo Noodles W/ Diced Chicken, Steamed Broccoli & Sliced Bananas	Grilled Chicken W/ BBQ Sauce, French Fries, Green Beans, WG Dinner Roll & Fruit Cocktail
PM Snack	Ritz Crackers W/ Sliced Turkey, Sliced Cheese & Juice of Choice	Ritz Crackers & Sliced Bananas	Mini Bagel W/ Strawberry Cream Cheese & Juice of Choice	Graham Crackers & Strawberry Yogurt	Sliced Apples & Sliced Cheese

*Unflavored milk is served with breakfast and lunch. Whole milk for children ages 1-2. Low fat (1%) or skim milk is served to children over the age of 2.